



## What is FASD? Video

<https://www.fasdoutreach.ca/resources/all/w/what-is-fasd>

### Group/Individual Guiding Questions

Considering the various criteria for a diagnosis (sentinel facial features, brain domain impairment, and prenatal exposure) which criteria are most critical for educators and why?

What barriers have you seen to diagnosis? What has that meant for providing support in your schools/classrooms? How would having a diagnosis help you in supporting students?

What did you learn about stigma and prenatal exposure? What stigma associated with FASD have you witnessed or felt within yourself? What steps could you take to help reduce stigma associated with FASD?

If you currently have, or have had in the past, a student diagnosed with FASD have you had opportunities to learn about or review the diagnostic report so that you can bring in supports that meet the needs of your student(s)? If yes, share. If no, what could be your next steps?

Think about a particular student - what strengths does the student have and what strategies have you been using?

### Other Ideas

Download and read the Canadian Guidelines. This may be particularly useful for Resource/Support/Inclusion teachers. <https://www.cmaj.ca/content/cmaj/188/3/191.full.pdf>

Review student's files with this new knowledge and apply what you have learned – what domains have been impacted by prenatal exposure: what strengths are highlighted, what strategies are recommended to support the strengths and domain impairments?

September 9<sup>th</sup> is FASD Awareness Day. Find a way to share some information about FASD on this day or any other day. It's always a good time to talk about FASD.

Read more about assessment and FASD. <https://www2.gov.bc.ca/gov/content/health/managing-your-health/child-behaviour-development/special-needs/fetal-alcohol-spectrum-disorder-fasd>

If accessed, Key Workers, can be an important support to families before, during, and after the assessment process. Find out more about Key Workers: [https://www2.gov.bc.ca/assets/gov/health/managing-your-health/fetal-alcohol-spectrum-disorder/key\\_worker\\_parent\\_support\\_agencies.pdf](https://www2.gov.bc.ca/assets/gov/health/managing-your-health/fetal-alcohol-spectrum-disorder/key_worker_parent_support_agencies.pdf)

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