



RED SHOES ROCK

September 9th is
International FASD Day

In your hallway, classroom, or school there may be students with FASD. You may not know it, as FASD is largely a hidden disability. POPFASD encourages you to wear red shoes on September 9th to raise awareness of FASD.

What is FASD

Fetal Alcohol Spectrum Disorder (FASD) is a disability that affects the brain and body of individuals who were prenatally exposed to alcohol. It is a lifelong disability. Each person is unique and has strengths and challenges. Providing appropriate, respectful supports will help individuals reach their full potential.

What can you do today?

- Begin a 2x10 campaign to build relationships - spend two minutes each day talking to a student!
- Share this information with others.
- Visit our website and learn more about FASD and what you can do!
- Contact your District Partner
fasdoutreach.ca/about/district-partners

For more information visit
fasdoutreach.ca and canfasd.ca/fasd-awareness-month

